

THE MID-CAREER CLARITY SCORECARD

A Diagnostic Workbook for High-Performing Professionals Asking: "What Next?"

"You can climb the ladder of success only to realize it was leaning against the wrong wall."

The question is not whether you are successful. The question is: are you living the life your success was meant to create?

WHAT'S INSIDE

PART 1

The Life Quality Wheel

Rate 12 dimensions of your life. Find where you are truly thriving and where gaps exist.

PART 2

The Success-Significance Gap

Complete powerful prompts that separate external success from internal fulfilment.

PART 3

The Clarity Questions

Five honest questions that most high performers have never sat with long enough.

SCORING

Your Clarity Interpretation

Understand your current stage - and what it calls for next.

This scorecard takes 15-20 minutes.

Answer honestly. Avoid answering based on who you think you should be. Clarity begins with truth.

Welcome

Congratulations. You have likely done many things right. Built a career. Earned respect. Created financial stability. Delivered results. From the outside, your life may appear successful.

Yet somewhere inside, a quieter voice may be asking:

- Is this all there is?
- Why doesn't success feel as fulfilling anymore?
- What should the next chapter of my life look like?
- Am I growing - or simply repeating?

If these questions resonate with you, you are not alone. Many high-performing professionals eventually arrive at a stage where external success no longer provides the same sense of meaning. This workbook is designed to help you gain clarity - not by giving you answers, but by helping you ask better questions.

The Hidden Mid-Career Paradox

Early in life, success is relatively straightforward: study hard, get a good job, build expertise, earn more. But after a certain point, the rules change. The challenge is no longer achievement - it is alignment.

- More money does not automatically create more fulfilment.
- More responsibility does not always create more freedom.
- More achievement does not necessarily create more meaning.

This is where many professionals become stuck - not because they lack capability, but because they lack clarity.

Part 1: The Life Quality Wheel

Rate each area from 1 to 10. | 1 = Deep dissatisfaction | 10 = Fully aligned and thriving

Career & Work

___ / 10

- Do I feel energized by my work?
- Does my work align with my strengths?
- Am I growing professionally?

Health & Vitality

___ / 10

- Do I have sustainable energy?
- Is my health supporting my ambitions?
- Am I taking care of my body?

Relationships

___ / 10

- Do I feel deeply connected?
- Am I present with loved ones?
- Are my important relationships thriving?

Financial Wellbeing

___ / 10

- Do I feel financially secure?
- Does money provide freedom?
- Am I intentionally building wealth?

Purpose & Meaning

___ / 10

- Does my life feel meaningful?
- Am I contributing beyond myself?
- Do I know why I do what I do?

Learning & Growth

___ / 10

- Am I learning continuously?
- Do I feel intellectually challenged?
- Am I becoming a better version of myself?

Freedom

___ / 10

- Do I have control over my time?
- Can I make choices aligned with my values?
- Am I designing life intentionally?

Emotional Wellbeing

___ / 10

- Do I experience peace?
- Can I manage stress effectively?
- Do I feel emotionally resilient?

Contribution

___ / 10

- Am I making a difference?
- Is my work positively impacting others?
- Am I leaving something meaningful behind?

Fun & Joy

___ / 10

- Do I experience joy regularly?
- Have I become too serious?
- Am I truly living?

Spiritual Growth

___ / 10

- Do I feel connected to something larger?
- Do I reflect deeply on life?
- Am I growing inwardly?

Energy

___ / 10

- Do I wake up energized?
- Is my lifestyle sustainable?
- Am I operating at my best?

MY TOTAL SCORE:

____ / **120**

See Page 6 for your
interpretation

The **Quality of Life Wheel** assessment can also be taken in digital form at <https://book.boundlessyou.in/#assessments>

Part 2: The Success-Significance Gap

Complete these sentences honestly. There are no right answers - only true ones.

Success means:

Significance means:

If money was no longer a constraint, I would:

The legacy I want to leave is:

The people I most want to impact are:

Part 3: The Clarity Questions

Answer honestly. These are not easy questions - that is the point.

1. What part of my life currently feels out of alignment?

2. What have I outgrown?

3. What am I tolerating?

4. What would courage look like right now?

5. If I continue living exactly like this for ten years, would I be fulfilled? YES / NO Why?

Life Quality Wheel: Reflection

Which three areas scored lowest?

1. Area: _____

2. Area: _____

3. Area: _____

What truth have you been avoiding?

Your Next Chapter Begins Here

Your future is not created by default. It is created by design. The quality of your life is determined by the quality of the questions you ask - and the courage with which you answer them.

You have not come this far to live on autopilot. There is another level available to you. Not merely more success. But greater meaning. Greater freedom. Greater contribution. A truly boundless life.

Book a Boundless Conversation

Together, we explore where you are, what is keeping you stuck, and what your next chapter requires.
Because success is not the destination. It is the foundation for significance.

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Your Clarity Interpretation

90 - 120 Boundless Growth

You are aligned and evolving intentionally. Your challenge is expansion - deepening what works, elevating others, and building the legacy that only this season of life can create.

60 - 89 Transition Zone

You have achieved success, but a new chapter is calling. Your challenge is reinvention - the courage to let what no longer fits fall away, and the clarity to build what truly serves your next season.

30 - 59 Successful but Stuck

External success may be masking internal dissatisfaction. Your challenge is clarity - the honest work of separating what you have built from what you actually want. This is the most important work available to you right now.

0 - 29 Misalignment

Major areas of life require attention. Your challenge is redesign - not as failure, but as the beginning of a more intentional chapter. This score is not a verdict. It is an invitation.

Wherever you score, one thing remains true:

The next chapter of your life is not yet written. And it was meant to be designed.